

ssmc

مدينة الشيخ شخبوط الطبية
Sheikh Shakhbout Medical City

TROPICAL AND INFECTIOUS DISEASES SERVICES





SPECIALIST CARE FOR PREVENTION, DIAGNOSIS, TREATMENT, AND LONG-TERM HEALTH

At Sheikh Shakhboub Medical City (SSMC), our Division of Tropical and Infectious Diseases provides expert, patient-centred care across a wide range of infectious diseases. From prevention and diagnosis to treatment and long-term follow-up, our multidisciplinary team is committed to helping patients achieve the best possible health outcomes.

SSMC offers a range of specialised services designed to prevent, diagnose, and manage infectious diseases, while supporting patients at every stage of their healthcare journey.



HIV CARE

With the right treatment and ongoing medical support, people living with HIV can lead healthy, active, and fulfilling lives.

Our HIV Care Service provides confidential, compassionate, and comprehensive care, supporting patients through diagnosis, treatment, long-term monitoring, and overall wellbeing.



COMPLEX INFECTIONS

Our service provides specialist assessment and management of complex community-acquired and healthcare-associated infections across a broad range of patient populations, including immunocompromised individuals. We offer expert care for patients with challenging bacterial, viral, fungal, and parasitic infections, supporting accurate diagnosis, evidence-based treatment, antimicrobial stewardship, and comprehensive follow-up. Working within a multidisciplinary team, we help optimise outcomes for patients with complex infectious diseases and underlying medical conditions.



TROPICAL MEDICINE

Our Tropical Medicine service provides specialist assessment, diagnosis, and management of imported and endemic infections, such as malaria, brucellosis, hydatid disease, dengue fever, amebiasis, schistosomiasis, leishmaniasis, and filariasis. Supported by advanced diagnostic capabilities and a multidisciplinary team, we offer comprehensive care for patients with suspected or confirmed tropical diseases, ensuring timely diagnosis, effective treatment, and expert follow-up.



TRAVEL HEALTH

People can be at a higher risk of infectious diseases when travelling, particularly when visiting unfamiliar destinations or regions where certain infections are more common.

SSMC's Travel Health Clinic provides personalised advice to help you stay healthy before, during, and after your trip. Services include travel vaccinations, preventive medications, destination-specific guidance, and post-travel assessment when needed.



ADULT IMMUNISATION

For some adults, infections can lead to more serious illness and complications. Vaccination plays an important role in helping reduce these risks and supporting long-term health.

Our Adult Immunisation Clinic provides specialist vaccination assessment and planning for adults at increased risk of infection, including those with weakened immune systems, chronic health conditions, or complex medical needs.



OUTPATIENT PARENTERAL ANTIBIOTIC THERAPY (OPAT)

Our OPAT service enables suitable patients to receive IV antibiotic therapy safely outside the hospital, supported by specialist monitoring and follow-up to help ensure a smooth recovery.



TUBERCULOSIS CARE

Tuberculosis (TB) remains a significant global health concern, but with early diagnosis and appropriate treatment, it is both treatable and curable. Our Tuberculosis Service provides expert care for patients with suspected or confirmed TB, offering support from diagnosis and treatment through to monitoring and recovery.

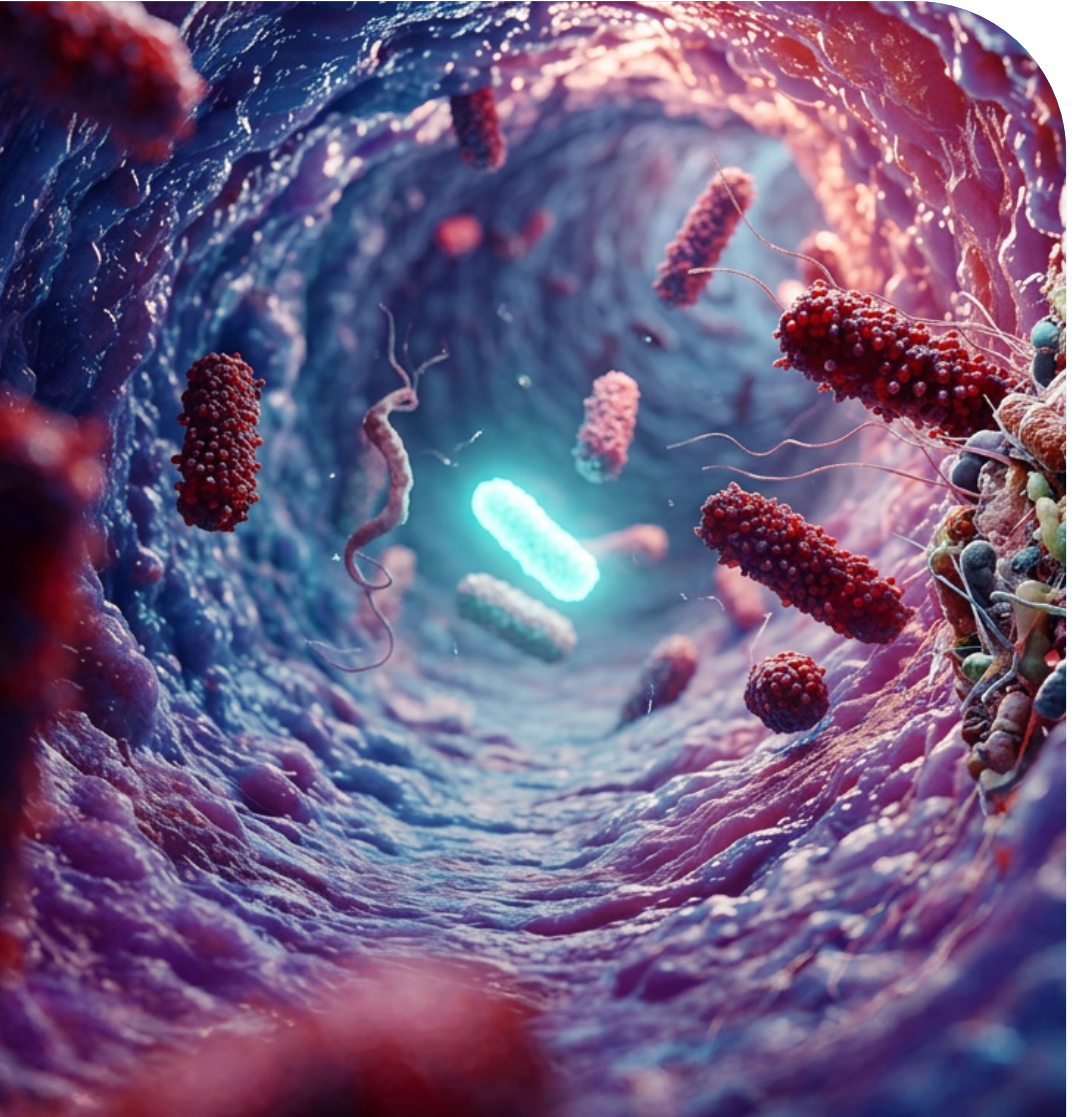
OUR MULTIDISCIPLINARY APPROACH

Patients benefit from coordinated care delivered by infectious diseases specialists, nurses, pharmacists, laboratory experts, and other healthcare professionals working together to ensure personalised treatment and support at every stage of care.

TAKE THE NEXT STEP

Do not ignore symptoms of infection, travel-related illness, vaccination needs, or concerns about long-term infectious diseases. Early assessment can help protect your health, support timely treatment, and reduce the risk of complications.

To book an appointment, call 800 7762 or visit ssmc.ae.



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